## NAEH Book Circle

Sunday, 26 June 2022 7:00 – 8:30 p.m. ET, via Zoom

Join us for the second gathering of the NAEH Book Circle to discuss: *Healing Ourselves: Biofield Science and the Future of Health* by Shamini Jain. We will cover this book in two sessions: one in June (Parts I and II) and one in July (Part III). In June we will focus on several questions: (1) How are the biofield, consciousness and subtle energy bodies 'linked'? (2) How do placebos fit in to our understanding of energy balancing? (3) What about focusing on the cells in the healing process? (4) What is the 'mechanism' that Jain presents for biofield healing? As always, you are welcome to bring to the gathering your questions to discuss, as well.

If you would like to suggest books for future Book Circle gatherings, please send me the authors/titles that are of interest to you at your earliest convenience. Book Circle participants from the May and June gatherings will have a chance to vote in early July, by email, for the next books we will read and discuss.

Please consider volunteering to draw the Angel Card and/or guide the opening meditation for these Book Circle gatherings. Thank you kindly.

Contact: Susan Linz <u>radiant.heart.enterprises@gmail.com</u> for the Zoom link, to offer suggestions for future books, and to volunteer to choose the Angel Card or guide the opening meditation for this or future gatherings. Thank you!

