

Ethics

By Shauna Edmonds, CPEH

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The subject of ethics is vast. Each group whether it be energetic healing groups, social workers, as well as our physicians of various modalities, each has its own ethics and for the most part I believe they are quite similar. Ethics is a moral code used to guide more than control; rules of behavior based on ideas about what is morally good and bad. We all have that innate quality of goodness. However, we also have our own ideas of what is right and wrong. We have our own set of values.

Ethics and values are essentially two different entities. A code of ethics is given to follow while values are the criteria by which we make our choices. According to the dictionary, values are a person's principles or standard of behavior; one's judgement of what is important in life. Ethics and values don't have to match. We can uphold an ethical code for fear of punishment, not because we hold that code to have value. For instance, my ethics have not changed much over the years while my values continue to evolve.

There are differences of opinions in the world of what is right and wrong on almost any issue. With Esoteric Healing, the use of ethics is important when working with the energetics of another person. This is the reason we are creating a series of short articles focusing on points of ethics that truly need to be acknowledged and discussed.

We so much want a clear line of divide between right and wrong. But, life is not so simple and can be confusing making it difficult to elicit a sound ethical decision. Within our everyday life we face choices of should or shouldn't. I personally like using the "Mother Rule" - what would mom say if she knew? Or grandma? What does my soul tell me?

We will be delving into various statements that have been given out with the desire for thought and discussion. For example, this list was presented to me in my first EH class in 2004.

As An Energy Practitioner, I Agree to the Following Code and Standards:

1. I will at all times use the energy of love as a basis for my solicitude.
2. I will not interfere with the will of another person.
3. I will maintain myself and my intentions in integrity, being complete and undivided when participating and facilitating.
4. I will at all times practice knowing, intuitiveness, and empathy and continually engage in the quest thereof.

5. My intention shall always be directed for the good of the participant and I will never use my emotions or my desires to guide my intentions concerning the participant.
6. I will continue to learn and seek self-knowledge and the knowledge of others in order to benefit those who seek my assistance.
7. I will always believe in or know my ability to facilitate healing energy.
8. I will not promote or accept sexual advances.
9. I will not profess to have been chosen by divinity, a creator, or a higher intelligence to heal others.
10. If healing occurs, I will never profess to have been solely responsible.

Bridges – ISSSEEM Magazine, Vol 10 #4, Winter 1999-2000

Then there are the ethics of a NAEH member and a NAEH CPEH. These lists may be viewed on the NAEH website.