

Ethics – A Perspective for The Practice of Esoteric Healing

There are differences of opinions in the world about what is right and wrong on almost any issue. With Esoteric Healing, the use of ethics is important not only when working with the energetics of another person but in creating our part in right human relationships. This is the reason we are creating a series of short articles focusing on points of ethics that truly need to be acknowledged and discussed.

“I will maintain myself and my intentions in integrity, being complete and undivided when participating and facilitating.”

Looking at this one I had to chuckle a bit at myself. I believe we have all done this to some extent or another. Staying focused and undivided during an Esoteric Healing session, especially when tired, can be difficult. Our mind wanders to dinner, a TV show, a project, or just getting into bed for much needed sleep.

I once found myself thinking about dinner and needing to finish the tomato in a salad. When I realized what I was doing, I went back to the client and rechecked the triangles I was holding at the time and – lo and behold! – they were not balanced – but my tomato was!

Energy follows thought. This statement bears repeating because when we are tired, hungry or in some personal crisis, whatever it may be, that is where our mind and energy tends to go. This is not fair to the client and we are not in integrity either. We then need to re-center, re-align and attune to continue with the healing session.

When we have an appointment scheduled and our personal situation is not allowing the complete and undivided attention we normally give, the ethical thing to do is reschedule. I have done this and my client was as appreciative as I would have been. Holding their space and your distraction at the same time can and may permeate their energy field with your issues, fear or anger. Keep clear, focused and in a space of love and healing every time you facilitate or participate in a healing session. The Angel of Focus* states “We always choose our thoughts – every moment. Our thoughts always have an effect, and there are no neutral thoughts. One-half second before you hold a thought, you *decide* to hold it. So, with practice, you can learn to monitor and alter your thoughts”. The practice – Meditation!

Also, check your schedule and do not overbook yourself. This can become tricky at times. However, the more we honor the client and the work, we honor ourselves and this leads to healing for ourselves as well, if we let it.

Alice Bailey writes in “From Bethlehem to Calvary,” page 279, quoting Dr. Schweitzer: “Civilization originates when men become inspired by a strong and clear determination to attain progress, and consecrate themselves, as a result of this determination, to the service of

life and of the world. It is only in ethics that we can find the driving force for such action, transcending as it does, the limits of our own existence.”

*Healing with The Angles Oracle Cards, Doreen Virtue