

# **LIFESTREAM**

NAEH Newsletter

Volume III Issue 2

March 2013



### **NAEH 2013 Conference**

### Circle of Life: Before Birth through Death and Beyond

The 2013 NAEH Conference will be Circle of Life: Before Birth through Death and Beyond, April 26-28. This will be an exciting conference!

The following schedule will let you know what you can look forward to at the conference!

Remember the early bird discount is through Wednesday, March 20.

Location:

Okemos Conference Center 2187 University Park Drive Okemos, Michigan 48864 (517) 381-7300

### **Nominations for Steering Committee**

Below are the bios for the nominees for election to the Steering Committee. We are excited about having new members added to the committee! Attend the membership meeting at the conference to cast your votes for the election!

Blessings to you all, Kelly Yoakam

#### **Carolyn Rose Frost**



Carolyn Rose Frost moved to the US from England in 1974. She lives a life of service and creativity, having spent many years as a teacher, a consultant, and mentor. She is a Reiki Master/Teacher, Oneness Blessing Giver, and Creative Problem Solver.

After raising three sons to adulthood, Carolyn married her high school sweetheart in 2006, who shares her love of family, people, gardening, dance, and music. Never missing a beat, she quickly introduced him to studying esoteric healing!

Carolyn felt her gifts at an early age and has always seen the need to reach and teach children. During the course of Carolyn's life she has designed, developed, and presented creative educational programs for children and adults in public schools and as a consultant/teacher in the private sector. She is able to teach, encourage, inspire, and motivate people to reach their potentials. At one time a foreigner in a new country herself, Carolyn recognized the need for cultural awareness and helped create a program with the International Institute of Toledo that became instrumental in changing curriculum in her local school districts.

She is currently a Professional member of the NAEH, a Level-5 student, and a candidate in the 2013 Practitioner Certification Program. Carolyn serves on the Bylaws, Community Outreach, and Long Range Planning Committees. She volunteers with the Daughters of the British Empire and the Toledo Beach House Family Shelter.

Carolyn accepted the nomination to the Steering Committee to play a role in developing the NAEH into a strong National/International organization and to help make "Esoteric Healing" a household name. She has served on Boards at local, state, and national levels and possesses proven leadership and organizational management skills. Carolyn has an ability to see the "whole" picture, break it down into manageable goals, and create solutions with others.

#### Susan K. Zimmerman



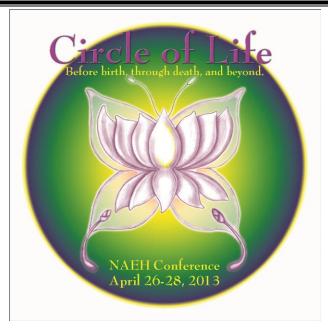
Susan is currently the President of the National Foundation for Esoteric Healing working with the Steering Committee of NAEH to establish a strong non-profit arm of the NAEH for purposes of fundraising and is on the Long Range Planning Committee.

She is very committed to the NAEH as a professional member of the organization and has delighted in seeing the hard work of the Steering Committee and all the leaders and members that are working to make this organization a strong on-going force in the field of healing work.

She is the owner and creator of PASSAGES Transition Center where she regularly practices esoteric healing and has watched lives change for the better through this powerful and yet gentle healing modality and the co-founder of INTEGRA, an international non-profit working in the area of grief and loss.

Susan also is a life and organizational coach working to empower organizations and individuals through any change/transition. She has done this work for over 20 years and for the last 9 has been able to dedicate full-time to it after leaving her work at Michigan State University in higher education administration.

She is the mother of 2 (now adult) children whom she raised alone after the death of her young husband, thus knowing the importance of working hard towards a goal in order to succeed. She sees this happening with the NAEH and as a person knowing about organizational growth has often said, "The NAEH is functioning at the level of a 20 year old organization with all of its high quality projects such as an excellent newsletter, outstanding journal, impressively dedicated Steering Committee and leadership, and large membership. Just imagine where it will go next!"



2013 NAEH Conference, Okemos Conference Center, Okemos, Michigan April 26 – 28, 2013

#### Friday, April 26<sup>th</sup> Evolution of the Soul

9:00 – 10:00 a.m. Registration

10:00 – 10:30 a.m. MC: Carolyn Frost – Welcome and Opening Comments

Opening Meditation – Dr. Barbara Briner

10:30 – 11:00 a.m. Transformation Symbol – Lace Butterfly – Kelly Yoakam

11:00 – 12:15 p.m. Journey of the Soul – Dr. Sheila Salama

12:15 – 1:45 p.m. *Lunch on your own* 

1:45 – 2:45 p.m. Treatment During Pregnancy & Fetus w/Practical – Dr. Barbara Briner

2:45 – 3:00 p.m. Break

3:00 – 3:30 p.m. NAEH and 2013 – Mary Connolly

3:30 – 3:45 p.m. Certification Paper –

3:45 – 4:15 p.m. Research Projects – NAEH – Mary Anne Walker

4:15 – 5:15 p.m. Certification Recognition and Awards

5:15 – 5:45 p.m. Closing Meditation – Sherri Wells

6:30 – 8:30 p.m. Hugs and Hearts Reception and Dinner

#### Saturday, April 27th Living Our Life

9:00 – 9:30 a.m. MC – Scottie & Terrill Putman

Opening Meditation – Irmgard Kurtz

9:30 – 10:30 a.m. The Path – Al Florey

10:30 - 10:45 a.m. Break

10:45 – 11:30 a.m. The Path continued – Al Florey

11:30 - 12:30 p.m. Practical

12:30 – 2:00 p.m. *Lunch on your own* 

2:00 – 2:30 p.m. The Spirit in Laughter – Stephanie Urdang

2:30 – 2:45 p.m. *Break* 

2:45 – 3:45 p.m. Making Angel Food Cake for the Earth – Susan Imbs

3:45 – 4:00 p.m. Closing Meditation – Susan Imbs

4:15 – 6:00 p.m. Annual NAEH Membership Meeting

6:00 – 7:30 p.m. *Dinner on your own* 

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#### **Evening Program**

7:30 – 8:10 p.m. Using Crystals in Esoteric Healing – Fran Oppenheimer

8:10 – 8:20 p.m. *Break* 

8:20 – 9:00 p.m. Singing Bowl Healing Meditation – Kelly Yoakam

Circle of Life

#### Sunday, April 28th Movement Back to the light

9:00 – 9:30 a.m. MC – Arleen Brophy

Opening Meditation – Fran Oppenheimer

9:30 – 10:30 a.m. Process of Death – Dr. Barbara Briner

10:30 – 11:00 a.m. Break and Blanket of Life Raffle Drawing – Brad Lackie

11:00 – 11:45 a.m. Phoenix Rising: Returning to Life After Loss – Susan Zimmerman

11:45 – 12:15 p.m. Crossing Over – Dr. Sheila Salama

12:15 – 12:45 p.m. Closing Comments and Thank yous – Coral Thorsen

#### Post Conference Workshop – NAEH Certification Committee

2:00 − 3:30 p.m. An Introduction to the Certification Process for Esoteric Healing<sup>SM</sup>

▲ Describe the process

▲ Answer Questions

Application packets provided

#### The Gandhi Prayer:

I offer you peace, I offer you friendship, I offer you love,
I hear your needs, I see your beauty,
I acknowledge your feelings,
Our wisdom comes from a higher source,
I acknowledge that Source in you
Let us work together.

## **Transformation**