

The School of Integrated Consciousness presents

Esoteric Healing Course 1: The Self

Wed, January 25, 6-9pm ET & Fri-Sun, January 27-29, 9-5pm ET



Our sense of self is the direct result of our thoughts, emotions, and the state of our physical body – all of which constitute the personality.

Three energy centers below the diaphragm support the personality's evolution; the soul's emergent expression relies upon this essential process.

This course introduces the principles and techniques of Esoteric Healing. You will learn the practical relationship between the physical and esoteric anatomy as well as techniques for evaluating and integrating the subtle energy field.

In addition to a deep exploration of the Basic, Sacral, and Solar Plexus centers, we'll cover:

- the architecture of the human energy field
- an exploration of the science of energy healing
- the foundations of sensing energy fields
- the energetic causes of dis-ease
- an introduction to the Heart, Throat, Ajna, and Crown centers
- the divine relationship between the personality and the soul
- meditation practices for Course 1: The Self
- over 40 energy healing triangles for use with Esoteric Healing

Esoteric Healing Course 1 is an immersive course presented via SIC's online learning platform, with live classes on Zoom. It also includes home study guides and assignments, video support material, a downloadable meditation program, and an extensive course manual with 40+ energy healing protocols for the entire subtle system. We oversee in-class practice sessions and support you in developing an energy healing skill set that emphasizes ethics, responsibility, and integrity.

This certificate course is co-taught by Martha Henry-MacDonald & Steve Kramer.

It is recognized by the International Network for Energy Healing and the National Association of Esoteric Healing.

[Visit our website for more information on our Esoteric Healing programs.](http://www.integrated-consciousness.com)



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