## Seven Rays Work Shop Testimonials

Generally, I consider myself to be quite a self aware person. It was delightful to have deeper insight into how I navigate my reality (the good and not so good!)

The group was a good mix of 'Rays' so it was Interesting to get a glimpse of how others function and respond to life. Carol brings compassion and humour to her already excellent teaching skills. The course would be worth repeating to get it on an even deeper level.

J.A.

Alliston, ON

Taking this course with Carol was such a delight. The Rays workshop is an interesting mix of esoteric knowledge and practical advice about how to live your best life. Carol helped me to understand how and why I face the same challenges over and over again and I can now apply my new knowledge towards personal growth. Carol is a passionate and dedicated teacher who shares her knowledge with humour and grace. I highly recommend this course!

A.B.

Barrie, ON

"In September of 2018 I took the 7 Rays workshop with Carol Martin. In the workshop, I learned so much about myself, but I also gained a better understanding about the people around me. I am so grateful to you for teaching such an important Course. The 7 rays workshop has helped me grow as a person and it has helped me heal my soul and spirit. I recommend this course to anyone who is willing to open the door to understanding yourself and healing any past issues that may be holding you back. It doesn't matter where you are in that process, it only matters that you take the first step.

Thank you Carol! I love and appreciate you for who you are and what you do to bring light into this world!" Tina D.

Learning about the seven rays and my ray profile, increased my confidence in who I truly am, gave me a new perspective on my choices and struggles to date, and gifted me with a greater clarity for my path forward. Elaine Bennett, Barrie

The 7 Rays course was enjoyable and informative. It helped me to understand why people behave the way that they do. I am now even more understanding, accepting and loving as a result. Thank you Carol.

Alana R.

I took Carols 7 Ray's class which I found so interesting and enlightening. The classes were quite interactive, with knowledge, humour, and they were enjoyable. Carol really knew her information. She is a lovely teacher and I look forward to taking further classes with her.

Nancy M