

2017 – Survey of NAEH Certified Practitioners of Esoteric Healing (CPEH)

The NAEH Certification Program is entering its 6th year and we now have 55 Certified Practitioners of Esoteric Healing (and growing!). The Certification Committee recently surveyed the CPEHs about their experiences with the program and also asked them re: how the process of “becoming and being” a Certified Practitioner of Esoteric Healing has impacted their life, inner self and their practice of Esoteric Healing.

Fifty-five surveys were issued and 11 were completed. The data from these surveys is still being analyzed and will be shared more completely in a future NAEH Newsletter and posted on the NAEH website. In the meanwhile, here are the general “TRENDS” that can be observed in the answers of the CPEHs who responded to the survey.

Question 1) What were your original reasons for choosing to become an NAEH Certified Practitioner of Esoteric Healing (CPEH)? Now that you’ve been a certified practitioner for ___ years, did this process meet those expectations?

Several CPEHs said their original reason for pursuing certification was to increase their knowledge and understanding and experience with Esoteric Healing in order to benefit themselves and their clients. Many said the certification process was a natural outgrowth of having completed the Part 4 course and that they felt “drawn” to certification. The majority of the respondents reported that the NAEH certification process met their expectations; two respondents reported it exceeded their expectations. No one said it did not meet their expectations.

“It was a natural thing for me to do as I love learning and this is a topic close to my heart, and I wanted to learn more and have every experience I could. It was something that I thought was the next step after class 4, to see what I had learnt and how much more I could evolve in my personal growth. The certification process was a great learning experience and offered confidence to me and those seeking healing that I was proficient in EH.”

“I’m not so sure I chose it. It felt like it chose me. I was compelled in a way that I have not felt compelled for a long time. It felt like something I needed to do...”

Question 2) What are some of the “unexpected gifts” you’ve received by completing the certification process? For example, what are some of the “intangible results” associated with being a certified practitioner of Esoteric Healing (e.g., changes in how you think of yourself as a practitioner; changes in how you feel inside; changes in how you might interact/connect with others such as clients, co-workers, family and friends, Soul/Spirit etc.)? Any other gifts you’ve noticed?

MANY gifts were recognized by the CPEHs. Most CPEHs commented on how “becoming and being” a CPEH increased their confidence in themselves and their practice. Several commented that the certification has brought them clearer understanding of Esoteric Healing and also continued growth of self and others.

Regarding clients, two respondents reported that soon after they became certified, more clients started to contact them for treatment. Two CPEHs reported they liked having a professional credential which clients recognize, and their clients have observed their practitioner’s commitment to study and being the best practitioner they could be.

One respondent reported that while learning and growing had brought them many gifts, this experience had also been a “difficult journey” because they’d grown in directions took them away from “old friends and college pals” because of differences in interests and value systems.

Nearly all respondents talked about the joy of making new friends in the Esoteric Healing world- their “study buddies” and study groups that they met while becoming certified. Some said they are still in contact with these friends who continue to impact their lives.

“Certification was a process where I looked within and found at my age, I could still learn and put my knowledge to good use. It showed me that we are all still learning...It gave me an understanding of others, family and friends and I could look at all sides of the picture to see how I could best help.”

“It gave me more confidence. There is no other way to say it, it just does. I mean, after all, that’s what tests are for...and certification is like one giant string of tests. You THINK you know. But certification forces you to get your ducks in a row, and then get them across the street, safely. Then you KNOW you know.”

"...Passing this process validated deep within me that I am meant to do this work. I felt a deeper sense of purpose and responsibility."

"The best gift has been the friendships developed during the process; my study buddies. They have become lasting friends and colleagues."

Question 3: What were some of the challenges you experienced when going through the certification process? How were you able to overcome these challenges?

Challenges mentioned by 1 to 3 respondents were: having enough time to complete certification tasks; writing the paper; treating enough clients to complete the work log; and finding it was a lot of work. The majority of CPEHs also emphasized they'd received many gifts from these challenges.

How CHEHs overcame these challenges: persistence; having a study partner or group; learning to prioritize their time; studying hard; having conversations with advisors.

"I was challenged to meet the expectations of the practitioner's log, but in hindsight, that was the best part, both in the short term and the long term. I never would have put that much practice in on my own and I learned some of my best lessons from it."

"It was a lot of work but it was worth the effort. How were you able to overcome these challenges? By using my innate talents, and by using what I learned from my studies... Our study group also helped tremendously."

"The hardest challenge, for me, was the paper because it had been 28 years since I had been required to write a paper...I was able to "push" through the resistance, find the information and write a respectable paper."

Question 4: Like many programs, the NAEH certification program is an evolving one, continually growing and improving. List any suggestions that might support this evolution.

A few suggestions were made, such as asking that survey results be shared with other Esoteric Healing practitioners, requesting that the Committee explore certification tasks geared toward a greater variety of learners, and that NAEH align with Esoteric Healing groups worldwide. Two CPEHs asked for re-examination of the certification renewal fee. Three strongly suggested that future candidates be encouraged to find a "study buddy" or join a study group. Three said they either wouldn't change a thing or could not think of what might need to be changed.

Question 5: Would you recommend the NAEH certification process for Esoteric Healing practitioners? Why?

8 said an unequivocal "yes," and 3 said "yes" if that person has felt a call to do so and feels ready to pursue certification. No respondent said they would not recommend NAEH certification.

"I would recommend this process for all Esoteric Healing practitioners. We are quite a unique group of individuals and we each have agreed to come here and anchor this work into humanity...Certification helps with that in many ways."

"Absolutely, it encourages self-growth and a better understanding of EH and the world we live in. There is such a great feeling of pride and accomplishment once you earn the initials CPEH."

"Yes, because it supports, as well as challenges you to grow as a practitioner and step fully onto the path of World Server."

"While I don't believe that everyone is ready for such an in-depth commitment, I would definitely recommend this process for those who are. It has been the most beautiful learning experience of my life, has changed the way I think and function in the world, and has given me the tools to help others with confidence, and help my self go through all kinds of perils with strength, understanding, compassion."

"If you feel a call, this is a wonderful process. It strengthens your inner and outer self, allowing you to discover new aspects, relationships, connections and perceptions. Your relationship with Spirit is strengthened. Some benefits are immediately observable, but most, in my experience, are subtle, filtering through for years to come."